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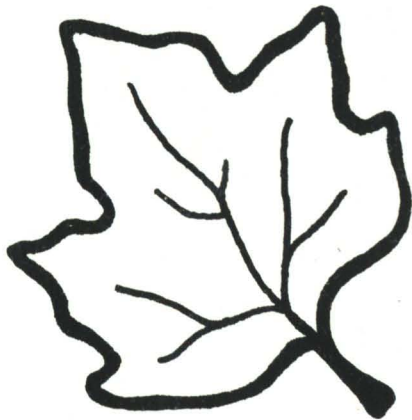
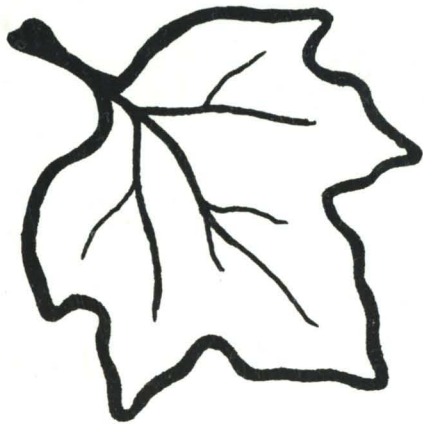
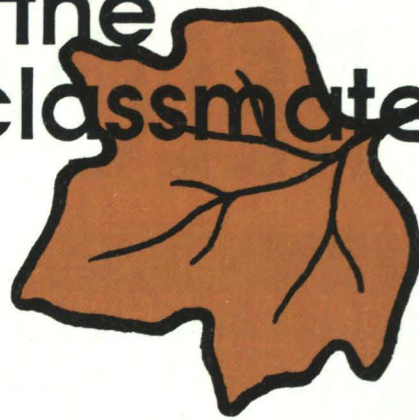
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November 1993
THE NAVAL POSTGRADUATE SCHOOL MAGAZINE
MONTEREY, CALIFORNIA

the classmate



The Spirit of Giving

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The monthly deadline for ALL copy to the Editor, SMC 2330, is the 1st of the month prior to the month of publication (November 1st to get into the December issue). The deadline for advertising copy is the 5th of the month prior to the month of publication.

THE SPIRIT OF GIVING

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EDITOR'S CORNER

by Amy Converse

"No man is an Iland, intire of it selfe; every man is a peece of the Continent, a part of the maine; if Clod bee washed away by the Sea, Europe is the lesse, as well if a Promontorie were, as as well as if a Mannor of thy friends or of thine owne were; any mans death diminishes me, because I am involved in mankind; And therefore never send to know for whom the bell tolls; It tolls for thee."

John Donne

November is a time when everyone begins to think about winter, the holidays, and that cozy feeling of love and acceptance for everyone, including your in-laws. Soon after the hearty Thanksgiving celebrations, December and the "Season of Giving" are upon us - a time for most of us to focus on sharing ourselves and giving to others. But inevitably the "Spirit of Giving" fades and when April rolls around, it's amazing how easily "April 15th" and the IRS dash our best resolve to be openhanded and warm-hearted. The prevailing theme, "The Spirit of Giving", is in tribute to the that concept of

year-round giving and to the people who quietly fulfill that endeavor.

NPS is a University comprised of different people from a variety of backgrounds who are in different stages of their life. Certainly I cannot direct this publication solely towards the officer's spouses, although they are my primary audience, and I cannot expect to completely satisfy the interests of the single students, both men and women, who attend NPS. What I do intend to do is to offer a wide range of articles so that at least one article or publication will surely benefit or interest most of our readers.

Ultimately, the Classmate's goal is to entertain, inform, and enrich the student, spouse, and professor's of NPS. Enjoy!

In addition to our outstanding columns: More for Your Money and Coastal Cuisine, I am thrilled to introduce an informative and desperately needed computer column written by Major David Gaitros, Associate Chairman of the Computer Science Department at NPS. Our title features on "The Spirit of Giving" are informative and inspirational; Paulla left us with a thoughtful piece on why and how you can donate your things.

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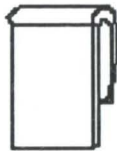
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Have a wonderful Thanksgiving! "Eat, drink, and be merry... and don't forget to share your joys with others!"



PRESIDENT'S MESSAGE



by Cindy Martin



"GIVING" is definitely what all the OSSC chairman and volunteers do very well. I would like to say "thank you" to all those volunteers that have given so much of their time and energy in making the events of this club so successful. The most recent being the bargain fair, bake sales, Birthday Ball, and the Halloween parade. Again, Thank You!!!

The officer student spouse club calender for November is full of "giving" theme. For starters we have a bake sale scheduled for November 4th in Hermann Hall by the student mail boxes. Come check it out, you might find something you want to give your tummy! On November 6th in the Ballroom will be the ever popular Christmas Craft Bazaar. This is known to be the best bazaar around, both for quality and selection. I'm sure we will find something for some one on your Christmas list, if not for your self. Our final event for this "giving" month of November is the best one yet, but it requires all of your help. On Saturday, November 13th, the Giving Wagons will be on the roll in La Mesa village collecting non perishable food items and personal hygiene products that we donate to

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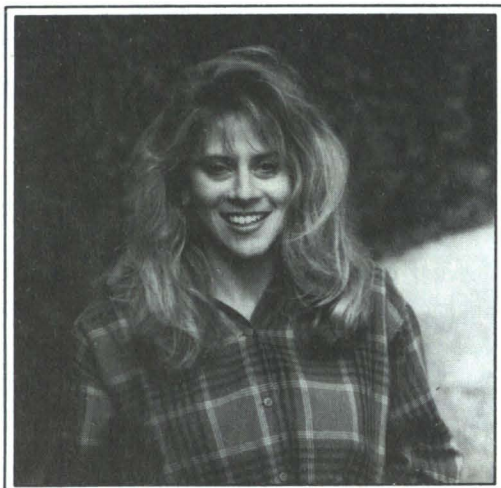
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9.75	10.60	9.49	8.59
10.00	10.75	9.65	8.78
10.25	10.90	9.82	8.96
10.50	11.06	9.98	9.15
10.75	11.21	10.15	9.34
11.00	11.37	10.32	9.52
11.25	11.53	10.49	9.71
11.50	11.69	10.66	9.90
11.75	11.85	10.84	10.09
12.00	12.01	11.01	10.29
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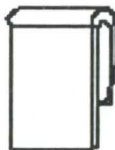
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by Cindy Martin



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Looking ahead into our December calendar we have Santa and His Elves making personal visits the week of December 6-10. Look for the sign up sheets in your SMC boxes. December 9th and 11th is "Christmas in the Adobes" in Old Monterey. If you have any questions or need information regarding OSSC please feel free to call me at 646-8910.

OSSC MEMBERSHIP

The OSSC is the Officers Students' Spouses' Club of the Naval Postgraduate School for the spouses of all students. In addition to sponsoring monthly activities such as luncheons, OSSC also sponsors the Art Auction, Adobe Tour, International Students' Spouses Tea and many other Holiday events. Dues collected entitle you to member discounts as well as monthly Pink Flyers and the OSSC Directory. To obtain membership, fill out the form below and send it with a check made out to OSSC to: Laurie Kearns, 124 Brownell Circle, Monterey, CA 93940; SMC# 1922; phone# 375-5026. 1 year (4 quarters) = \$15.00; 18 months (6 quarters) = \$20.00; 1 year or more (8 quarters +) = \$25.00. This is a one time fee. The International Wives' Membership is free.

SMC # _____ New Member _____ Renewal _____ Active _____ Associate _____

Last Name _____ First _____ Phone # _____

Spouse's Name _____ Rank _____ Service _____

Curriculum _____ Graduation Date (month/year) _____

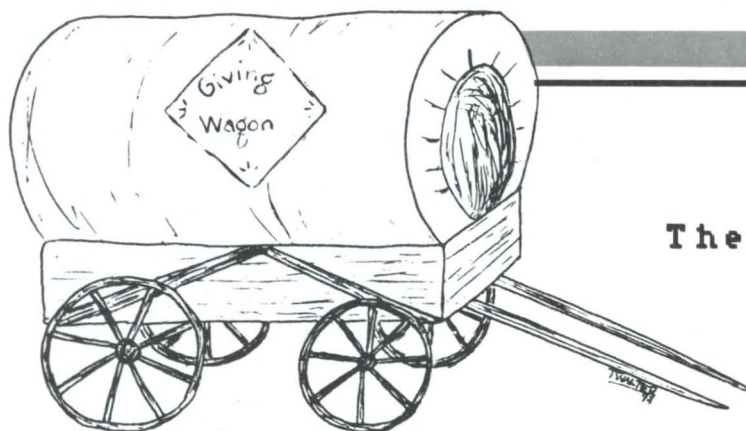
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Are you interested in committee work? YES _____ NO _____ Volunteer? YES _____ NO _____

Would you like to participate in our club administration? YES _____ NO _____ Would you like a copy of the OSSC By-Laws? YES _____ NO _____

Do you wish to have your Name, Spouse's Name and Service, Address and Telephone Number in the OSSC Directory? (members only) YES _____ NO _____



Round 'em up! The Giving Wagons Are Back

Round 'em up! The Giving Wagons are back! The sixth annual Giving Wagon food drive will get underway Saturday, November 13. Volunteers will be bringing their wagons door to door through La Mesa to collect canned or dry foods, paper goods, baby products or personal hygiene items between 9:00 and 11:00 am that day.

The Giving Wagon was created five years ago by the OSSC to help feed the hungry and homeless of Monterey. It has been a huge success in the past. The thousands of cans of food

and other items collected enabled local shelters to stock their pantries and feed hundreds of people for over a week during the busy holiday seasons.

To make this event a success again this year, we need your help. If you won't be home during the food drive on November 13th you may leave your donation in a paper bag clearly marked "Giving Wagon" on your front doorstep. For those of you who do not live in La Mesa and wish to contribute there will be a donation box outside of the Navy Exchange Convenience

Store from November 5th through the 12th. There will also be a donation box outside the La Mesa Convenience Store for anyone who wishes to drop off their donations the day of the event from 9:00 am to 11:00 am.

Anyone who would like to volunteer a few hours to collect donations or to lend a wagon for the morning please call **Wanda Meier** at **372-8393**. Whatever your plans for the holidays, please mark **November 13th** on your calendar for the **Giving Wagon**.



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MORE FOR YOUR MONEY COLUMN

by Lizette Peredo Varrer

Have you fallen behind on important monthly payments such as a mortgage or car loan? Are the credit card balances rising every month while you can barely make the minimum payments? Are you using one form of credit such as cash advances to pay off another form of credit? Maybe you're taking money out of savings to cover normal monthly expenses.

If you answered 'yes' to any of these questions you may be in serious debt. In these tough economic times debt is a reality many are facing. A medical crisis, lay off, or even a move where a spouse must leave a current job can contribute to financial hardship. Here are some suggestions to help you through difficult times.

First, cut down on spending to help you get back in the black. Pare down on dinners out, vacations and expensive outings. Recreational expenses are usually the easiest to cut, especially since we live in a beautiful area with many free and low-cost activities. Don't overlook other areas of your budget which can be easily trimmed.

If the creditors are calling, the bills are piling up, or if you fear you may be headed in that direction, there are ways out. The first step is to talk to your creditors. Be honest about why you can't pay. Most will help you work out an arrangement to repay the

bill. In the end all a creditor really wants is his money. I know the doctor's office where I work will usually work with a patient and set up payments before sending her to collections. Your credit report may still show delinquencies even after you work out a payment plan with your creditors. For future creditors, try to include a statement on your credit rating explaining why you had to work out a debt.

Consider taking out a low interest loan, especially if you have several credit cards with high balances. Instead of paying several bills a month you would have one manageable payment a month. However, if you do decide on a loan, do not use your credit cards or you'll be back where you started.

Free up money to pay some of the bills by selling some possessions; it may be time for a garage sale. Clean out the clutter and make money at a sale. My college roommate used to do this whenever she needed money for bills. Maybe you have extra furniture in the basement, clothing, toys or appliances you never use that you could sell. Consider parting with jewelry or antique or two you don't particularly like or use. These could bring in money to help the bills. You

may want to work with a dealer on items such as these since you would probably never get full value at a garage sale (personal experience).

Finally, there are free credit-help services available. Contact Navy Relief at 373-7665 for free credit counseling and information on loans and grants for which you can apply. Family Services at 656-3060/3141 provides help and counseling as well as a wealth of reference material that can be checked out of its library. Family Services also provides financial guidance to retirees and those separating from the service. Consumer Credit Counseling Service (CCCS) can provide help for free or at very little cost. Call them toll free at 1-800-388-CCCS to find an office near you. Once the CCCS gets involved most creditors know they will be paid. Although being in debt can be tough, there are ways out. There are number of services and agencies willing to help. Remember, once you're out of the woods, be sure to plan ahead for any future crises that may arise.

\$

\$

COASTAL CUISINE

GIANNI'S PIZZA

by Tracey Vaughn



Every duty station, we make it our personal quest to find the best pizza in the area, and this mission does not include the taste-alike chains, which are okay as a fall-back, but not befitting a pizza connoisseur's dream.

In Monterey, we found Gianni's and are now hooked on this slice of pizza heaven. Located on Lighthouse Avenue near Prescott, this family-owned restaurant has been in business for nearly 20 years, drawing pizza lovers Peninsula wide.

If you're looking for the kind of pizza place with a real "home-town" feel, Gianni's is it. You don't have to worry about getting artificial ingredients or skimpy toppings here. The friendly staff at Gianni's uses only fresh meats and vegetables, laced with liberal layers of real mozzarella, not that fake, rubbery stuff some "other" pizza establishments loosely refer to as cheese. All the pizzas are hand tossed, not machine rolled, resulting in a delicious, thick, tender crust that holds up to the plentiful toppings. You get your money's worth here, and more. Prices are surprisingly reasonable — a large 16-inch Gianni's Special, for example, loaded with the works, tops the price list at \$13.45. I always appreciate flexible waitstaff who humor me by allowing me to split the pie into two distinctly differ-

ent halves. At Gianni's, it is no problem, and they have ingredients to make your own traditional or unusual combinations range from Canadian bacon and pineapple to shrimp and artichokes — and, of course, anchovies.

If you Go...

Gianni's Pizza

725 Lighthouse Avenue,
Monterey

Phone: 649-1500

Price: Inexpensive: Large 16" pizzas from \$10.09 to \$13.45; Pastas from \$4.62-\$6.99. Cash only.

Specialties: Pizza and Pasta

Atmosphere: Casual and bustling. Great for families and groups.

Hours: Mon-Thurs: 4 -10p.m.; Fri-Sat: 11:30 a.m. 0 midnight; Sun: 11:30 a.m. -10 p.m.

Reservations: Not necessary, except for groups. Room available for private parties.

While pizza is definitely the main feature at Gianni's, the hot, hearty and huge platters of pasta are definitely a strong second. Four types of pasta — mostaccioli, spaghetti, fettucine and spinach fettucine — are made on the premises and served with a variety of sauces from classic marinara to pesto, and alfredo, and meat. Kids will love the huge meatball, sitting like a large brown egg in a

red nest of home-made spaghetti for under \$6. Combine any of the tasty pasta entrees with a huge soft breadstick or a side salad, you're set! The pastas have become so popular that Gianni's now sells both pastas and sauces in pint and pound containers for take-out. If you're really hungry, try out the incredible lasagna served with a green salad.

Unlike many pizza places, Gianni's also offers a full cocktail bar and even espresso drinks to go along with a selection of decadent desserts.

Great food definitely packs the house at Gianni's, but regulars and visitors alike also enjoy the old fashioned pizza parlor atmosphere. However, Gianni's is old fashioned in more ways than one. No credit cards or checks are accepted, so be sure to stop at the ATM machine on the way!

Another tit-bit — Gianni's is open until midnight on Fridays and Saturdays, a real treat since most the Peninsula restaurants close their doors too early for those with late-night munchies.

Gianni's does not offer delivery service, but call ahead and pick up one of the best pizzas you've ever tasted!





THE BEST GIFT OF ALL

The holidays are upon us and there seems to be more and more to do each day. If only there was a way to streamline all of those errands. In La Mesa Village, there is and has been for the last eleven years — the Babysitting Co-op. Leave your children behind and do your shopping at your own pace. Give yourself the best gift of all, some time alone, and enjoy the frenzy of the holiday crowds without having to entertain your kids at the same time.


Once you join the Co-op, you request a sitter by calling your Co-op secretary and she finds you another Co-op parent to watch your children. During the day, you just drop your kids off at the sitter's home and you're off. In the evening, the sitter comes to your home. This allows your child to keep their normal evening routine. Points are exchanged rather than money so after the one-time \$2.00 sign up donation, the Co-op is no strain on your bank account — great news all year long, not just during the expensive holiday season.

In return for the hours that other Co-op parents watch your children, you will be asked to sit for theirs as your schedule allows. For more information call Susan Everingham at 375-1926.

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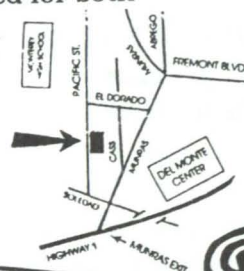
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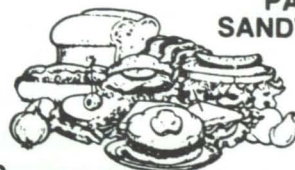
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VOLUNTEERING: *GIVING OF YOURSELF*

by Amy Converse

Where to volunteer? What do I do as a volunteer? Can I use my skills or will I learn new ones? How much time does it require? All of these questions are valid and typical of what a person would ask when deciding to give some time and effort to a worthy cause. I realize that everyone is busy and "*time is of the essence*", but volunteering benefits you and the people you are helping. The benefits are numerous; you acquire new skills, make friends, and you get a good feeling knowing that you are doing something you want to do, not what you have to do.

Now that you have decided, "Yes, I can spare a few hours a month", how do you decide what you want to do? The best place to start is with the Chamber of Commerce. They have a listing of nonprofit organizations that are registered members of the Chamber of Commerce. I called several places to get an idea of the jobs available and how many volunteer hours were needed. The United Way of the Monterey Peninsula was happy to oblige me by answering my questions. In that one organization there are several different opportunities available ranging from clerical work to being a part of their big fundraising campaign. The former requires two afternoons a week while the later can be up to a six month commitment. The Director recommended taking

part in allocation, not only is it fun but you help to distribute the funds after they have been raised. Buoyed by my "friendly" interview, I immediately called the Pacific Grove library and asked them similar questions. I was warmly welcomed and given a brief overview of their needs. Two hours a month is the minimum time required; but most people enjoy helping on a more regular basis. They have volunteers who help in the children's department (reading stories, doing crafts, or participating in the summer reading club), assist in clerical duties, or take books to homebound people. To get started, contact Ms. Archer at 648-1362 who accepts the applications and coordinates the library activities.

Obviously there are myriad of places to go: anywhere from the Salvation Army, to a Soup Kitchen, a Food Bank, or a "Fun Run" Fundraiser. If none of these suggestions has inspired you, but if you still want to participate in this wonderful community, then head to 801

Lighthouse street, Monterey where the Volunteer Center of the Monterey County is located. Over 200 agencies are registered with them. The Volunteer Center's purpose is to place volunteers in one of many registered agencies thereby centralizing volunteer efforts and offering direction and assistance to volunteers. They can use a wide variety of skills, for example, nursing, taking care of children, or working with animals. They are also now preparing for a big fund-raiser called The Human Race, a walk/run race to raise funds for the agencies registered with them. All the agencies participate and it is a fun way to jump in and be a part of the community. It is easy to get involved, simply call 655-9234 and make an appointment with the Coordinator or Director and they will help match you, your skills, and your schedule to the appropriate agency. So VOLUNTEER! The wonderful satisfaction and peace of mind that come from helping others will last far longer than the time that you invest.

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Have you ever thought about becoming a volunteer guide at the Monterey Bay Aquarium? You can find out what's involved during an informational program on Tuesday, November 9 from 7 to 9 p.m. in the aquarium auditorium.


The program is a prelude to the selection process for the aquarium's 16-week guide training course, which begins January 4, 1994. The course covers the cultural and natural history of the Monterey Bay region, basic marine science, and techniques for sharing information with the public.

At the information session, you'll meet current volunteers and learn more about what's involved in being a guide. Guides play a key role in telling the story of Monterey Bay and the Monterey Bay National Marine Sanctuary to the aquarium's 1.7 million annual visitors. Nearly 700 volunteers of all ages and backgrounds give their time to the non-profit aquarium as guides and in other capacities.

Additional information about the guide training program and becoming an aquarium volunteer is available by contacting the Volunteer Services Office at 648-4867.

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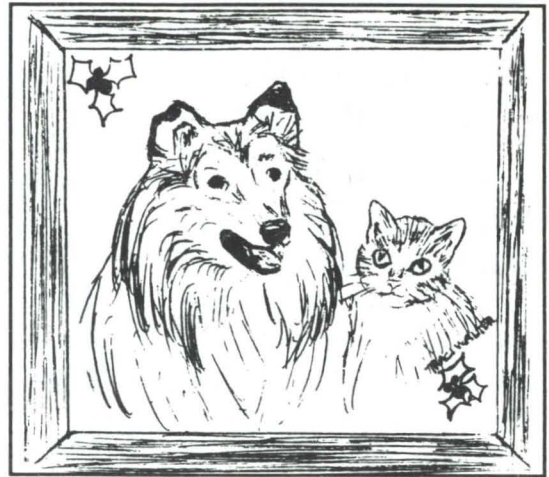
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YOU BETTER WATCH OUT! SANTA PAWS IS COMIN' TO TOWN

For the seventh year, The SPCA of Monterey County, a Humane Society, will offer a great photo opportunity in time for the holidays. Have your pet's photo taken with or without Santa and turn the negatives into cherished holiday cards.

A fundraiser for The SPCA, "SANTA PAWS" photo sessions will be held on Saturday and Sunday, November 13, from 11 am to 3 pm. All sittings will be in the George Whittell Education Center located on the grounds of the SPCA, 1002 Monterey Salinas Hwy 68 (6 miles east of the Monterey airport). Reservations are necessary and can be made by calling 373-2631 or 422-4721, ext.223.

Sponsored by MYRICK PHOTOGRAPHIC, 598 Fremont Blvd., Monterey,



"SANTA PAWS" will offer several 5X7 color color photographs plus the negatives for a donation of \$35. In addition, a full year's membership in The SPCA is also included in the package.

Myrick Photographic has donated several Kodak Funsaver 35mm cameras for the event. Participants in "Santa Paws" will automatically be entered in a drawing to win one of the cameras.

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A TIME FOR EVERY PURPOSE UNDER HEAVEN - A TIME TO GIVE

by Paulla Estes

When I was growing up in Colorado, it was a time of change. Bohemians passing through our small liberal town scorned materialism, hippies lived in the city park, and we children looked on, wide-eyed. When the neighborhood kids discussed who was rich and who had less, my mother was always quick to say, "We all are rich. As long as we have food on the table and a roof over our heads, we are rich."

As I grew up, I began to understand this. Not only is America a rich country, but compared to many of our foreign neighbors, our people are rich as well.

Military families may scoff at this notion - after all, most of us would call ourselves middleclass, at best. However, as my family moves from coast to coast this fall, from one military housing community to another, I find my perspective of 'rich' is becoming more like that which I was taught as a child.

Lets face it, we have three givens in this world: death, taxes, and limited storage space. We can't do much about the first two, but the third opens up a whole new idea. Giving.

When we first moved to Monterey, we stuffed our garage full of all our excess 'things.' Then when we moved into La Mesa, we rented a storage unit,

and for the leftovers - we rented a space at the infamous Bargain Fair. We were thrilled to see how quickly our discarded items were sold. We cut our storage space in half and cleaned out a corner that should have been a closet. We spent two hours in the sun, bargaining, selling, and collecting the precious green stuff.

Afterwards, we earned \$75.00! Wow, we deserved a treat. We all went out to dinner and spent half of it immediately. The next day, we bought clothes, spending the other half our earnings, plus much more. And suddenly, 24 hours after all our hard work, the money was gone and we felt cheated.

I know people who made up to \$200.00 in the bargain fair, and they were thrilled too. But they also admitted to losing most of it within a few days.

My point? Not to discourage selling at the bargain fair, but to encourage more free

giving. Many of my clothes that I couldn't bear to part without obtaining some monetary gain, were bought for a dollar. Was it worth it? No. I would have much rather given them to someone whom I know could use them. Someone in need.

As this holiday season begins and we prepare for yet another bargain fair, keep in mind the spirit of giving. Donate your maternity clothes and old, too-tight clothing to the Salvation Army or a church. Give your books to the public library or your child's school for people to read who cannot afford to buy books. Many goods of any kind are relished by the Crisis Pregnancy Center.

As for the canned peaches that have been collecting dust, or those lima beans your family will never eat, Thanksgiving is just around the corner.

continued on next page

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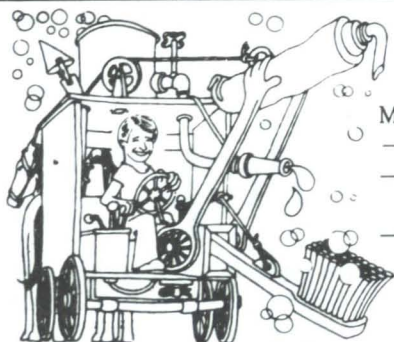
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As for the canned peaches that have been collecting dust, or those lima beans your family never eat, Thanksgiving is just around the corner. Almost all the elementary schools and churches in town will be having canned food drives, and the La Mesa Giving Wagon will be passing through La Mesa on November 13.

Apparently, the house we are moving to is smaller than our current La Mesa home and we have another baby on the way. It's time to clear another corner that should have been a storage room, or a closet, or... a bedroom! The more we seem to get rid of, the more precious our other belongings become! Besides, once everything is packed on the moving van, all we really need in our lives is packed in one car.

Wouldn't it feel good to know you are helping someone this year rather than making a few bucks you'll blow before the week is out?



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THE COMPUTER HACKER

So You Want to Buy a Computer

by Major David A. Gaitros



Part 1 in a 2 Part Series

In this article I'd like to address some of the more common uses for computers that students and faculty have along with some general configurations and software packages that are used around the school. Keep in mind the date when this article was written because technology changes rather quickly as well as prices.

This article addresses the IBM compatible type computers which are most prevalent within the school and for which there is a wide variety of software packages available. I don't intend to start arguing the pros and cons of Macintosh computers (although they are very good systems) more time than not most students have MS-DOS based machines...

The uses for computers vary widely; however, here at the school they usually fall into just a few categories; word processing (papers), thesis, writing, and terminal access. Note that I did not mention games; there are of course other uses for these sophisticated machines but these by in large cover the vast majority. Here they are:

Word Processing: If all you are going to do is write papers that do not involve math symbols and graphic characters then any number of inexpensive systems and low cost software

packages will serve your purpose. Keep in mind that you will also need a printer, but an inexpensive dot matrix printer that will do the job can usually be found for less than \$350.00 (new). I will give some examples and recommendations later but you must make sure that the word processor can at least handle multiple pages, number pages, include headings, footnotes, headers and should have a spell checker. I couldn't have survived all these years without a spell checker.

Other nice features include super and sub scripts as well as the ability to **bold letters**, *italics*, and *change fonts* (letter type and size). Word Perfect, Wordstar, Microsoft Word, Framemaker and Amipro are some of the more popular examples. Graphics and basic drawing capabilities are included with the newer versions, which comes in handy when doing some midterm projects.

Thesis Writing: Everyone does a thesis. The requirements *continued on next page*



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continued from previous page

for a thesis, the format, and style are carefully spelled out in NPS instructions. Your thesis advisor will guide you in right direction. When you write the features that were once considered nice to have in a word processor are now required. Those who are doing a scientific thesis should also have the ability to include Greek symbols, math symbols and equations. These features are present on only the most popular and sophisticated word processor and desktop publishing systems. Any laser printer or 24 pin near-letter-quality dot matrix printer will be acceptable by the departments for your thesis.

Terminal Access: There are several main frame multi-user computers located on the school available to the students

and in many of the more technical fields you may have projects on them. To access these systems you will need a Hayes compatible modem (2400 baud or better), communications software, and a telephone line. The configuration of your system will depend upon which system you access and you should consult with the system administrator or the instructors on how they should be accessed. Modems in general are being used more and more to because of their multiple uses which can be forced through some readily available commercial packages. If your a serious computer user, a modem will figure well into your future.

To be continued



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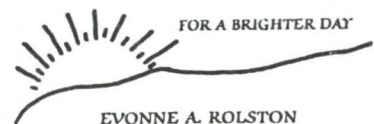
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The Red Cross will offer a Community First Aid & Safety course, November 4 and 6. The Thursday class is from 6-10pm and the Saturday class runs from 9am until 3pm. This course teaches adult, child and infant CPR, as well as, first aid. The course fee is \$18. This course will be offered again November 18 and 20.

An Infant and Child CPR course will be held Saturday November 13 from 9am until 3pm. This is an excellent course for parents, child care providers and baby-sitters. This course teaches rescue breathing, choke saving and CPR. The course fee is

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To be continued



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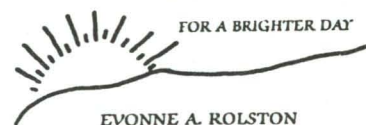
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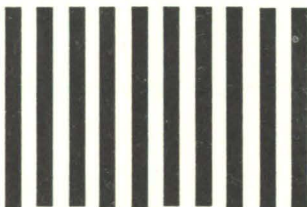
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REAL ESTATE

SATURDAY, JUNE 30, 1990

Long & Foster Realtors, the largest real estate firm in the Washington Area, is one of the top-ranked real estate firms in the country, according to the Consumer Reports survey.

Long & Foster, a 22-year-old firm with 173 offices from Baltimore to Norfolk, scored a 77 total on the overall 100-point home-seller satisfaction index, which made it the second-rated firm in the country, according to the survey of 72,000 Consumer Reports readers.

Topping the list was Edina Realty, which operates in Minnesota and Wisconsin and received a 78 percent approval rating among Consumer Reports readers. Long & Foster edged out two other national firms—Re/Max and Merrill Lynch Re-

alty, now known as Prudential Real Estate Affiliates, both of which have offices in the Washington area.

"We were thrilled," said P. Wesley Foster, Jr., president of Long & Foster, who attributed the strong ranking to good sales agents and an accomplished training department.

Several large national companies left readers more dissatisfied. Century 21, the largest brokerage firm in the country, won a 69 percent approval rating, while 68 percent of the readers surveyed who had sold their homes in the past four years were pleased with the performance of ERA Real Estate.

—Kirstin Downey

**American Red Cross
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The Red Cross will offer a Community First Aid & Safety course, November 4 and 6. The Thursday class is from 6-10pm and the Saturday class runs from 9am until 3pm. This course teaches adult, child and infant CPR, as well as, first aid. The course fee is \$18. This course will be offered again November 18 and 20.

An Infant and Child CPR course will be held Saturday November 13 from 9am until 3pm. This is an excellent course for parents, child care providers and baby-sitters. This course teaches rescue breathing, choke saving and CPR. The course fee is \$16.00.

Registration for the courses is on a first come, first serve basis and is handled at the Red Cross building, 3rd Ave & 10th st, Bldg 2662, Fort Ord. For more information, call 242-6699

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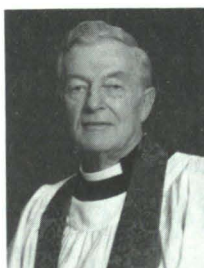
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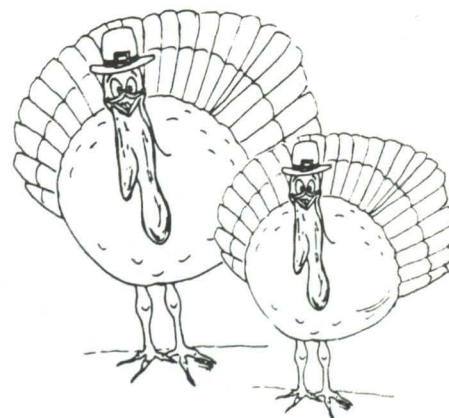
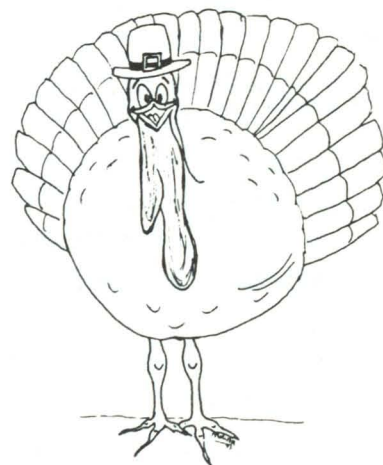
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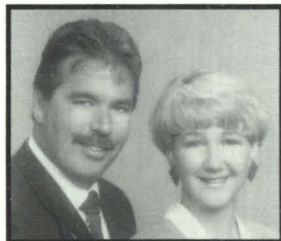
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